

MIDDLE SCHOOL SPORTS

2022-2023 SEASONS & DATES

GIRLS SOCCER: August 31st – October 14th

BOYS SOCCER: August 31st – October 14th

CROSS COUNTRY (co-ed): September 5th – Oct. 21st

*Unfortunately, athletes cannot join both X-C AND Soccer because the seasons run at the same time. Both sports, of course, are optional.

TABLE TENNIS (co-ed): October 31st – December 9th

***NEW* AQT (co-ed):** October 31st – December 9th

*These dates are still to be confirmed

-----**CHRISTMAS BREAK**-----

GIRLS BASKETBALL: February 13th – March 21st

BOYS BASKETBALL: February 13th – March 21st

SWIMMING (co-ed): February 13th – March 21st

*Athletes cannot join both Swimming AND Basketball.

VOLLEYBALL (co-ed): April 9th – May 14th

NOTES:

1) ALL AFTER-SCHOOL SPORTS ARE OPTIONAL!

Students do not have to join any activity if they do not want to play.

2) Practices take place on Tuesdays and Thursdays after school, from 3:15 – 5pm.

3) An activity bus is available for athletes after practice, leaving at 5:10pm.

4) Jamborees take place on Saturdays, usually from 9am - 2pm.

5) Make sure you arrange your schedule so you can attend EVERY Practice and Jamboree.